



# Barber Behavioral Health Institute

## Connections Camp 2017 Goals and Objectives

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Please **circle 2-3** goals with the corresponding objectives you would like your child to work on during this year's camp. If you select goal 2 or 4, also please fill out the objective line.

1. Will learn and utilize coping skills
  - a. Will learn about coping skills and how to use coping skills appropriately
  - b. Will utilize coping skills appropriately and when needed to avoid increased negative feelings
  - c. Will use learned coping skills and relaxation techniques to aid in regulations negative emotions
2. Will manage anger appropriately and will learn about anger management techniques
  - a. Will manage anger in an age appropriate fashion instead of becoming aggressive or \_\_\_\_\_
  - b. Will learn about the important of using anger management techniques instead of becoming aggressive or \_\_\_\_\_
3. Will engage in and improve overall social skills (communication, play, etc) with peers, and engage in positive peer interactions
  - a. Will engage in starting, engaging, and participating in conversations with peers
  - b. Will maintain eye contact when engaging in conversations with teachers and peers
  - c. Will demonstrate positive peer interactions (positive communication, age appropriate boundaries, etc.) when around peers
4. Will increase safety awareness in the camp and community settings
  - a. Will demonstrate safety awareness by decreasing \_\_\_\_\_ behaviors.
  - b. Will learn about the importance of maintaining safe behaviors during camp and in the community settings

Form Completed by: \_\_\_\_\_ Date: \_\_\_\_\_